

HOLD YOUR HORSES



2013-2014 ANNUAL REPORT



YEAR THREE

Horses move people

They roll our wagons, drag our plows, carry our soldiers and patrol with our police. Horses move us from one place to another and it is no surprise that they can move us toward wellness and a better quality of life. At HYH we are dedicated to moving lives forward by offering equine assisted therapy. Professional teams (including the horse!) providing a safe and effective therapy experience that moves people toward their life goals.

Here is a short list of some of the successful outcomes at HYH this past year:

- ▶ Learning to tie shoes
- ▶ Independent walking
- ▶ Potty training (!)
- ▶ Learning left from right
- ▶ Fewer falls in the community
- ▶ Speaking in sentences
- ▶ Improved self regulation
- ▶ Finding gratitude, resilience, self respect, peace and freedom

This with a horse? Well yes, and a therapy team including a licensed therapist trained to incorporate the horse into their practice. The horse provides the essential movement and environment and energy to motivate and engage people to work on growing and developing (without it

feeling like work). Our therapy staff includes occupational therapy, physical therapy, speech language pathology and psychotherapy professionals all supported by a team of horse handlers and therapy aides providing the best possible care. Time and again we hear our families express their gratitude for the benefits of this novel therapy environment and their appreciation of our staff and wonderful horses.

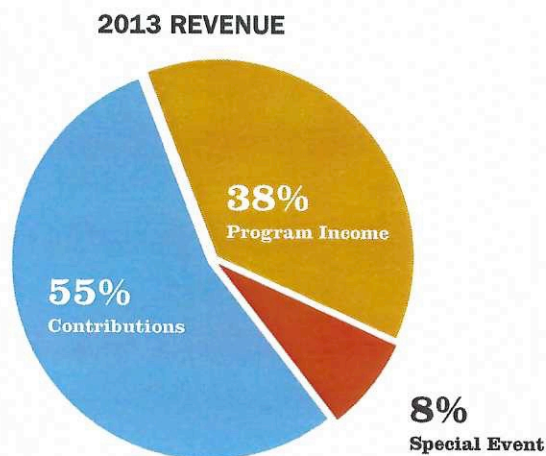
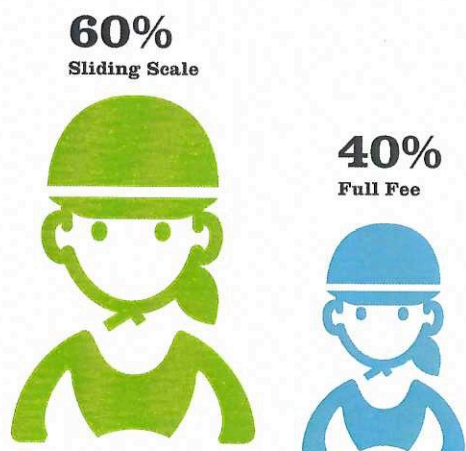
This year we moved through many of our organizational goals.

- ▶ We added to our therapy services
- ▶ Worked with new therapy horses
- ▶ Launched research with Children's Hospital
- ▶ Hosted educational courses
- ▶ Grew our board and Development Committee

These are all essential moving parts in keeping our organization growing forward and providing the best possible service. Your ongoing support and interest in this organization is critical to our success. Your volunteer time and financial support help us build the bridge to a more sustainable future and we are so grateful. Thank you for a wonderful year and with your help we keep HYH moving forward.

JANET WEISBERG, MS OTR/L HPSCS

Executive Director Hold Your Horses



This year Hold Your Horses served over 70 clients, 60% of whom receive services on discounted sliding scale basis. Your financial support is indispensable to the work we do and accounts for over 50% of our operating expenses each year.

FINANCES

2013-2014 STATEMENT OF FINANCIAL POSITION

REVENUE

Program Income	68,581
Contributions	99,674
Special Event	14,131
TOTAL REVENUES	182,386

EXPENSES

Program	151,238
Management & General	24,037
Fundraising	4,251
TOTAL EXPENSES	179,526
END OF YEAR NET	2,860

BALANCE SHEET (6/30/2014)

CURRENT ASSETS

Cash	4,582
Savings	21,153
Pledges	5,000
TOTAL ASSETS	30,735

GOALS FOR 2014-2015



LILY AND FRIEND

-  Continue to grow our Board of Directors
-  Add more Speech Language Pathology hours to our caseload
-  Continue our research pilot with Children's Hospital
-  Continue training a new equine therapy partner
-  Provide student internships and host educational courses to support best practices
-  Support equine assisted psychotherapy programming for teens

CONTRIBUTORS

We are deeply grateful to these people who shared their time, talents and financial support.

FAMILIES AND INDIVIDUALS

Marsha Anderson	Gail Donovan	Melissa Hull	Travis Muller	Marlys Gapstur Sand
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Julie Ann Doherty				

THANKS TO OUR BUSINESS PARTNERS PROVIDING MUCH NEEDED MATERIALS, GUIDANCE AND SUPPORT

Ace Ice	Edward Jones, Maple Plain	Trillium Veterinary
Byerly's Golden Valley	Erotas Building Corporation	Triple Crown
The Apple House	Harvest Moon Coop	Shorebird Coaching & Consulting
Bell State Bank	Hollander Snow, Studio, Inc.	Stone Ridge Equestrian
Country Cake Cupboard	John Caylor Ltd.	Stephenson Stanford, LLC
Corinne Barbara Photography	LogoJoe Promotions	Tail Feather Coaching
Cairns Psychological Services	Litin Paper	Sarah Carlson, DVM
Casualty Assurance	Mama's Happy	United Farmers Cooperative
The Child Neurology Foundation	Mount Sinai Community Foundation	
Dave Ramsden	Turf Pro	

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Fred Krietzman, Esq Vice Chair
Jenny Peterson, Treasurer
Susan Meyer

HONORARY AND ADVISORY BOARD MEMBERS

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Mike Bloom, Esq
Sarah Carlson, DVM
Jeneen Hartley Sago
Greg Leder
Cheri Morgan
Luke Weisberg

OUR THERAPY TEAM

Molly DePrekel, MA LP, CEIP-MH
Elizabeth Dettling, SLP
Hana Heuer, Barn Manager
Kathryn Greaves, MPT
Chris Meyers, Barn Staff
Lisa Perovich, Office Manager and Equine Specialist
Ruth Rovner, Horse Handler
Janet Weisberg, Director, MS OTR/L, HPCS
Ghost, Jack, Lily, Oliver, Yosi, Whisper

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