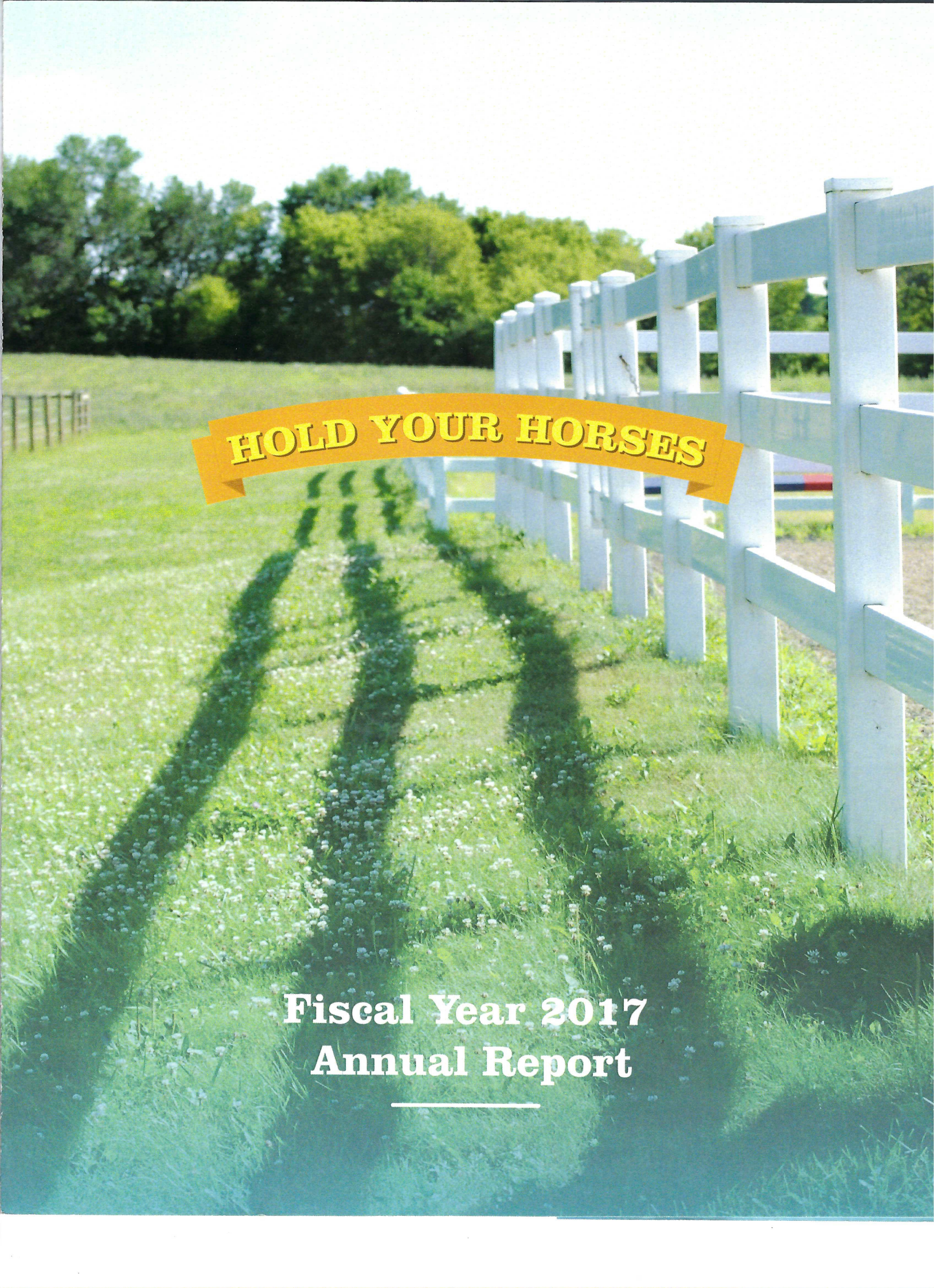




HOLD YOUR HORSES

**Fiscal Year 2017
Annual Report**



The Future in our Forever Home

From The Director

"I am ready!" This call to action came from one of our youngest clients at Hold Your Horses shortly after she was settled on the back of Lily the pony for her hippotherapy session. This phrase was among the first she ever spoke and it also beautifully captures the spirit of our work here at the farm. Our equine assisted services are all about helping people get ready to take their next steps (on or off the horse) and change their lives for the better.

Our organizational life has had plenty of change in the past few years. This past year, we were able to settle in our "forever home" in Greenfield, Minnesota; we are ready! While a new home creates its own challenges – a mortgage, property maintenance and the occasional leak in the roof, it also creates many opportunities for us to grow and serve our community. I look back at this year with profound gratitude for all of the people who support us with their time, with financial support and with their trust in our service.

In our new home this year we began offering hippotherapy on Saturdays during the school year and welcomed a new occupational therapist to meet growing demand. We piloted a "social skills" group over the summer and successfully hosted a course for the American Hippotherapy Association, Inc. (AHA) to train other therapists who want to add hippotherapy to their practice. We also continued to strengthen and train occupational therapists by providing supervised fieldwork affiliations for Occupational Therapy (OT) students from the University of Minnesota, St. Catherine University, The University of Mary and Herzing University.

We are growing our important work with individuals and groups to provide specialized trauma-informed therapy on a weekly basis in partnership with Cairns Psychological Services and Hennepin County. In addition, a Catalyst Seed grant from the George Family Foundation is helping us launch sustainable programming in restorative services for caregivers, and frontline workers who are experiencing compassion fatigue and their own vicarious trauma through the demands of their work with vulnerable people.

We are so grateful for our beautiful home and the opportunity to work alongside our amazing herd of horses. Thank you for all you do to help us care for our home, our families and our very important four legged friends. We are ready because of you.

- Janet Weisberg, MS OTR/L HPCS, Executive Director

FY 2017 Board of Directors

Fred Krietzman, Esq, Board Chair
Steve Katkov, Esq, At Large

Debra Mounsey, Treasurer
Jenny Peterson, At Large

July Hugen, Secretary
Jeff Lewis, At Large



Our Story

Hold Your Horses (HYH) is a MN 501(c)3 nonprofit organization dedicated to improving quality of life for people with disabilities through individualized equine (horse) assisted therapy. Our services include hippotherapy and equine facilitated psychotherapy for people facing physical, emotional and social challenges in their daily lives. We also offer education, training and wellness for caregivers and professionals in the field. The power, calm and healing nature of the horse offers a compelling and effective alternative to clinic and classroom-based interventions.

The multidisciplinary team at Hold Your Horses, led by founder and Executive Director Janet Weisberg, includes board certified therapists and a team of equine professionals, volunteers and small herd of 7 exceptional therapy horses. Founded in 2006 as a private clinical practice the entity transitioned to become a nonprofit in 2010 in an effort to ensure affordable services for client families. Through intentional growth HYH developed its vision of multidisciplinary services in a peaceful farm setting.

The People We Serve and What We Do

HYH happily serves children and young adults experiencing the challenge of living with disabilities and the caregivers and professionals who provide care in their daily lives. Our services go deep, offering individualized care that create life changing outcomes. Addressing these needs, HYH offers three primary areas of service: hippotherapy, mental health services and education/wellness.

The majority of children participating in hippotherapy at HYH live with cerebral palsy, traumatic brain injury, autism and neurologic disorders that impair performance of their daily life activities. These children benefit from occupational, physical and speech therapy in partnership with the horse that creates functional outcomes for engaging in daily life. Mental health clients benefit from equine facilitated psychotherapy specializing in trauma informed therapy, social and emotional learning and self-regulation strategies for improvements in their daily lives. Education and wellness opportunities at HYH support best practices in the field of equine assisted services through research, education and training and recognizing the need for wellness opportunities for caregivers and direct service professionals.

Our Team

Maggie Bailey, MA LPCC
Sheryl Butler, MS OTR/L
Molly DePrekel, MA LP
Allison Loken, Barn Manager
Paige Olson, Therapy Aide

SkyAnn Pool, Horse Handler
Ruth Rovner, Office Manager, Horse Handler
Julie Tarshish, Marketing and Communications
Janet Weisberg, MS OTR/L HPCS
Rachel White, Therapy Aide

Testimonials

These words from parents and professionals about our services identify some the life changing outcomes we create at Hold Your Horses – new words, more mobility, moving forward from trauma. Your support ensures we can continue to help all families have experiences like these.

Hippotherapy

"Maggie, was born at 23 weeks, a triplet, and the only surviving of the three, she was later diagnosed with cerebral palsy. During our first year in Minnesota, we kept hearing about Hold Your Horses and the possible benefits it could have for children like Maggie. We did our research, asked around at Gillette Children's Hospital, and even came out to the barn for a tour. It didn't take long to discover the incredible place that Hold Your Horses is; simply stated it is the best. Maggie came to them sitting with support and had only taken a few supported steps. After her weekly therapy on Lily the pony she began walking - even running - in her gait trainer and sitting for longer periods of time. The Hold Your Horses family, those two-legged and four-legged, are incredible. Thank you, Hold Your Horses for all the happy you bring to your patients and their families. You are truly incredible." - Amy Lee, Parent

Mental Health

"Hold Your Horses has been essential in helping our young female clients learn skills to better regulate their emotions. HYH is my first choice for girls who have experienced significant trauma, as the therapists and professionals have great skill in reaching those who are otherwise 'difficult' to service. HYH provides a unique experience for girls who may have never been on a farm, seen a horse, or who have not been reached by traditional talk therapy options. You guys are the best. Thanks!"

- Lauren Uhl, Probation Officer, Hennepin County Juvenile Probation

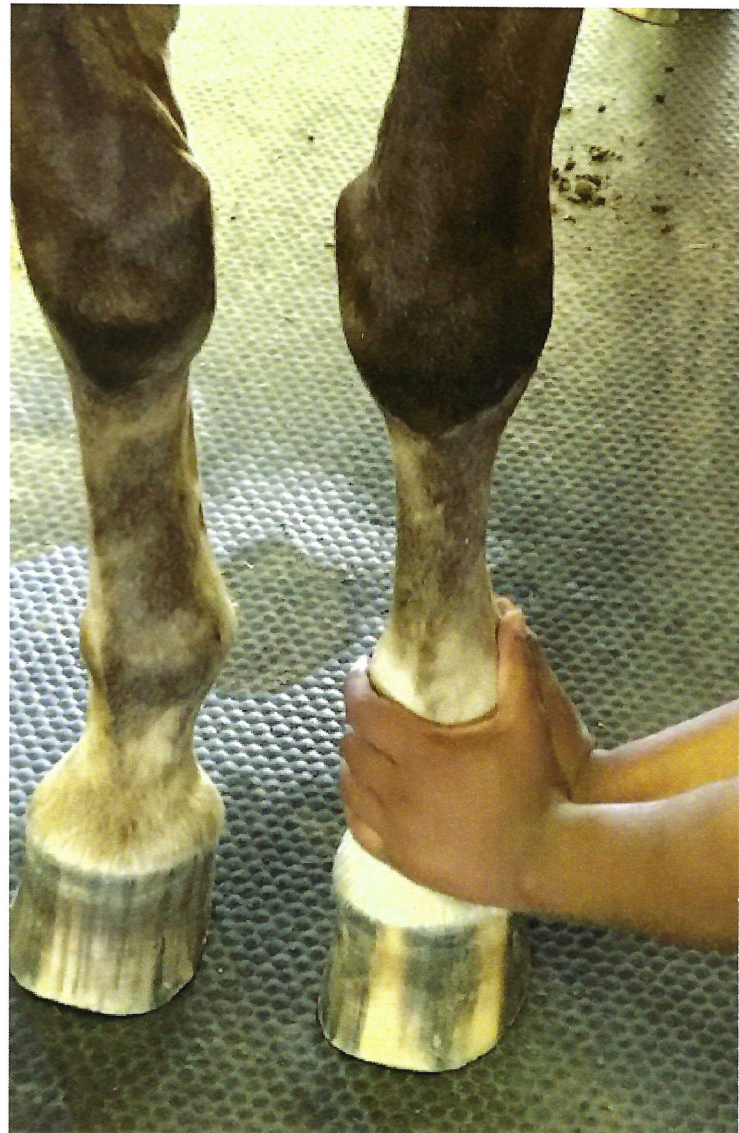
Social Skills Group

"Our son loves coming to 'his farm' (Hold Your Horses). He feels accepted, encouraged and supported while trying new things. The skills he is developing are quickly transferring to the rest of his life. He is more confident and more self-aware. Thank you for all you have done for our boy!" - Deb, Parent

Education

"Thank you so much for an amazing four days. You are wonderful hosts: goody bags, amazing/fresh food,... doing anything and everything to make us welcome and comfortable. You set the bar high for hosting facilities."

- Gretchen, AHA course participant



"...Thank you, Hold Your Horses, for all the happy you bring to your patients and their families...."

Summary of Financial Position

HYH has operated in a position of financial strength for a decade. Through steady growth and careful stewardship, we have been able to grow to meet increasing demand for our services and have been able to meet new challenges, including operating with a mortgage (for the first time!) in fiscal year 2017. With the move to our new home in FY 2017, we have been able to serve more clients, grow our products and services and meet the initial challenges associated with operating from a home that we own, including making a nominal extra principle payment on our new mortgage, while still increasing our income. This validates that our leap of faith in purchasing this farm has proven beneficial to all HYH clients, employees, and the community. However, the ability to overcome these challenges indicates the journey has just begun and we expect our expenses to continue to grow in FY 2018.

Thanks to your support, we were able to meet these significant challenges in FY 2017:

- Moving expenses for the 2nd year in a row
- Year one property taxes (we now have our exempt status moving forward!)
- Utility expenses
- Yearly maintenance and repairs. This year we had some expenses related to the roof, garage doors, vehicles, heaters, ice management and ventilation.

HOLD YOUR HORSES FYE 6/30/17 FINANCIALS

PROFIT AND LOSS

INCOME

Fundraising Income	\$ 176,253
Restricted Fundraising Income ⁽¹⁾	\$ 315,000
Program Income	\$ 73,024
Other Income	\$ 11,044
Total Income	\$ 575,321

EXPENSES

Staffing	\$ 136,808
Horse Expense	\$ 21,270
Operating expense	\$ 78,950
Total Expense	\$ 237,029

TOTAL NET INCOME

\$ 338,292

BALANCE SHEET

ASSETS

Cash	\$ 47,236
Accounts Receivable	\$ 7,329
Other Assets	\$ 575
Total Current Assets	\$ 55,140

Total Fixed Assets \$ 1,100,000

TOTAL ASSETS \$ 1,155,140

LIABILITIES AND EQUITY

Total Liabilities ⁽²⁾ \$ 779,285

Equity	
Unrestricted Net Assets	\$ 37,563
Net Income	\$ 338,292

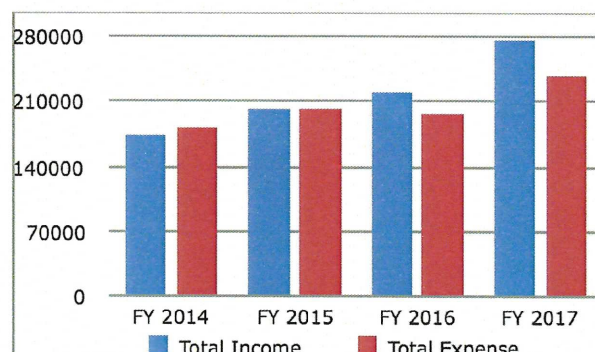
Total Equity \$ 375,856

TOTAL LIABILITIES AND EQUITY 1,155,140

Footnotes:

(1) \$300,000 of "restricted fundraising income" is the property value that was donated to Hold Your Horses concurrent with its purchase of the farm.

(2) "Total Liabilities" is the Mortgage amount of our "forever home" property



Notes: Fiscal year end is June 30th.

This graph does not include the \$300,000 Restricted Income described in the footnote to the left.

Fiscal Year 2017 Activities

By the numbers:

- 600 occupational therapy/hippotherapy sessions
- 175 individual equine assisted mental health sessions
- 60 equine assisted mental health group sessions
- 45 individual co-treat sessions with psychologist and occupational therapist
- 5 education/training events



HAY MAKERS (up to \$1,000)

Jeanne Ahrenholz
Asher Allison
Marsha & Scott Anderson
Animal Inspirations, LLC
Anonymous
Anonymous
Lynn Appelbaum
Alan Appelbaum
Julie Armbrust
Krista & Peter Armbrust
Armbrust Sales & Marketing
Nicole Armbruster
Mary Austin
Janet Avery
Karen Bahl
Dawn Baker
Bella & Ronald Barany
Deborah & Micah Barany
Melissa Barany
Etta & Michael Barry
Dede Barsness
James Belski
Samantha Bennett
Barbara Bergseth
Chris Berner
Jane Binder
Kristi Bloom
Thomas Boerboom
Eileen Bohn
Jane Borochoff
Sharon Bovie
Claudia And William Brau
Mike & Linda Broberg
Lindsay Brown
Nate Brown
Hannah Brown
Cory Brown
Harry Brown
Jan Bunting
Jean Burandt Ihnen
Amy & Matthew Burton
Diane Carlson
Jennifer & Jason Cassidy
Susan Chalfen
Larissa Champeau
Amy Charlson
Arlene Conrad
Denise Cota
Steven & Lisa Jo Crees
Marissa D'Agostini
Peg Daly
Mitchell Dann
Wendy DeCamp
Carol Decker
Molly DePrekel
Liz Dettling
Cailin Docter
Donnay Homes
Mary Doyle
Richard Doyle

Jessica Drexler
Chelsea Dunkel
Dave Dvorak
Duane Ebert
Cem Erdem
Mary Jo Erickson
Jim Evenson
Pat & Jerry Evenson
John Farni
Tamar Fenton
John Feste
Mandy Fiedler
Julianna Finzen
Paula Forman
Donna Mae Frain
Amy Friedman
Amy Geller
Tom Glaser
Tim Goblirsch
Mary Goblirsch
Wendy Goldberg
Phyllis Goldhirsch
Ron Goldstein
Jock & Jill Grier
Roy Groitzsch
Sue Hanner
Robert Hanson
Jeanne Harding
Amy Hargens
Maggie Harris
Mary Jane Hedstrom
Elissa Heilicher
Paula Jo Helgren
Joel & Linda Hentges
Mike Hertaus
Greg Herzog
Sarah Hill
Jerry Hirshberg
Wendy Horowitz
Judy Hugen
John Humleker
Karen Hupp
John Jensen
Daniel Johnson
Margaret Johnson
Kathy Johnson
Kurt Johnson
Linda Johnston
Philip & Susan Jones
Ted Jordan
Trina Joyce
Randall Kahnke
Judith Katz
Susan Keiser
Laura Keller-Gautsch
Wendy Khabie
Johanna Kichaven
Marie Kleber
Kathryn Klibanoff
Frank Kosik
Terry Kovanda
Edward Kreuter
Fred Krietzman
Laura Kriz Potter

Ali Kullback
Marianne Kullback
Virginia Lane
Susan Lau
Sharon Leck
Mary Legeros
Charlie Leonard
Jeff Lewis
Patricia Lish
Linda Locascio
Kristi And Warren Lochner
Molly Mahler
Kevin & Wendy Mahoney
Michele Marshall
Timothy Mccauley
Elizabeth McDonnell
Tippy McInerney
Douglas McMonagle
Timothy McWhite
Emily McWhite
Medtronic YourCause, LLC
Susan Meyer
Faith Mianulli
Eric Michelsen
Steven Michurski
Stephanie Micks
Bev Miles
Ingrid Miller
Denise Miller
Minnehaha Lodge #165
Edythe Misel
MN Masonic Charities
Marc Montgomery
Debra Mounsey
Marcy Munson
Jan Myslajek
Therese Naber
Mandolyn Nelson
Rose Mary Nelson
Susan Nelson
Jennifer Nelson
Kay Neznik
Greg Novak
Deb Oberman
Aaron O'Connell
Kathy O'Connell
John Oetjen
Becky Omdahl
Trudy O'Neill
Joyce & Martin Orbuch
Phil Oxman
Sheila Paisner
Richard Paisner
Jan & Jay Pattee
Laura Pattee
Michale Pattee
Laurie Pattee Russ
Loie & Michael Paul
Nina Perlmutter
Lisa Perovich
Helen Peterson
Jennifer Peterson
Robin Phillips
Tom Pink

Pipefitters Local 539
Debi Pool
Charlene Poppen
Susie Rehr
Henry Riter
Pam Rochlin
Ted Rogers
Jennifer Ronken
The Rosin-Kenneally Family
Gerald & Stephanie Roth
Ruth Rovner
Marilyn Rovner
Helen Rubenstein
Linda Ruud
Greg Rye
Jaclyn Samuel
Marlys Gapstur Sand
Mimi Sanders
Doug Schaff
Lisa Schlesinger
Vanessa Schmidt
Stephen Schreiber
Phyllis Sher
Robert Shumer
Nathaniel Siats
Anna Silverman
Renee Silverman
Donald Sivigny
Ted Smith
Carla Smith
Ron Soderberg
Mary Kay Sprangers
Nancy Stephenson
John Stone
Jim Stone
Sweet Jules Gifts
Lisa Taylor
Elizabeth Taylor
Laura Terry
Wendy Thomas
Mary Jane Thompson
Frannie Tjader
Marlene & Darrel Tollefson
Howard Tucker
Julie Walter
Lissa Walter
Liz Ward
John & Melanie Warren
Chad Weatherman
David Weaver
Clare Weaver
Anne Weinauer
Freddie Weisberg
Janet Weisberg
Matt Welsch
West Bend Mutual
Insurance Co.
Bonnie Westlin
Dawn White
Linda Wicklund
Michael Winikoff
Wintervale Ranch, LLC
Michale Yungner
Deb Zwickay

BARN RAISERS (\$1000 - \$9999)

Ronald Anderson
Anonymous
Maggie Bailey
Bell State Bank & Trust
G. Berry Family Foundation
Laney Brown
Cargill Community Fund
Beverly Dann
Eagle Nest Plaza LLC
Susie Fry
Audrey Hower
Lynda Michielutti
Tad & Cindy Piper
Lee Stephenson
Don & Rita Tasto
Kirstin Thomas
Western National Insurance Co.

STALL OF FAME (\$10,000 +)

Terry Bartz
Cargill Animal Nutrition
George Family Foundation
Julie Oswald
Brian & Heidi Pergament
Run Out CP, Inc.

OUR VOLUNTEERS

Hold Your Horses is deeply grateful for the many volunteers who step up daily to help with barn chores, caring for our horses and property, building our organization through fundraising and operations support, and caring for our team. In the past year they have given us more than 1000 hours of their time. *Thank You!*

Special thanks to Jenny Peterson who is leaving our board after five years of dedicated service. Your love and generosity is boundless. Thank you to neighbor Willie Kluck for helping out with lawn care and driveway maintenance and steadfast good neighborliness. Much gratitude to Armed Creative for graphic design work and Jennifer Kish with LDI for printing of this report. Thank you Bonnie Dann and Robbie Seltzer for photo contributions.