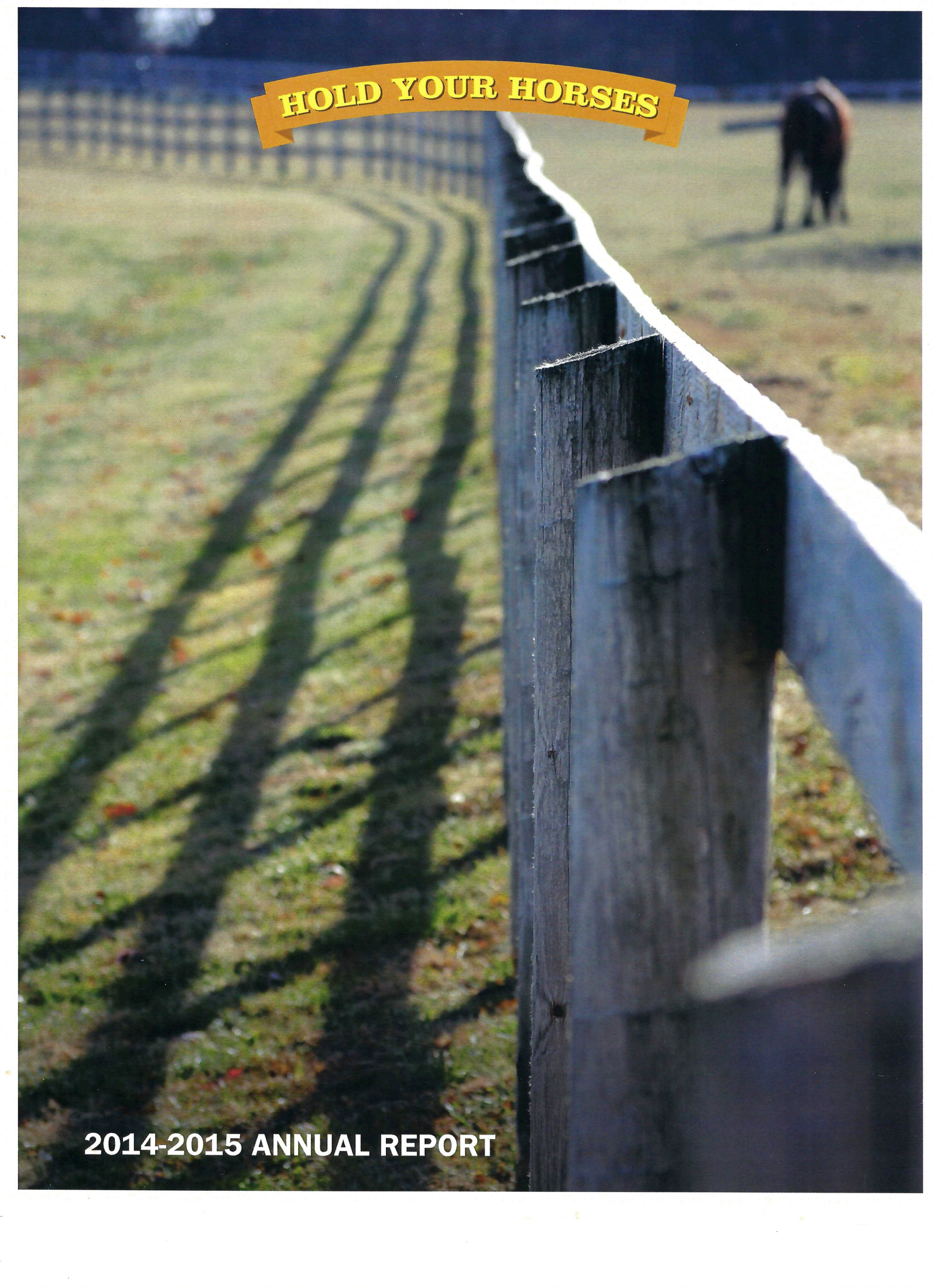


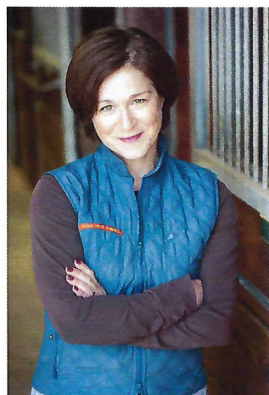
A photograph of a wooden fence in a field. The fence is made of dark wood and runs diagonally across the frame. In the background, a horse is visible grazing in a grassy field. The sky is blue with some clouds.

HOLD YOUR HORSES

2014-2015 ANNUAL REPORT

FROM THE DIRECTOR

Moving Forward



At eight years old I rode a cute as a button and stubborn as they come pony named Christopher. Little did I know that he would reveal a level of determination in me that would emerge this year to serve Hold Your Horses. I rode the pony in a competition that required passing through a set of timers after completing a small

jump course. Christopher galloped happily through the course and then unexpectedly stopped short before the finish line and refused to take another step. I pleaded, kicked and coaxed to no avail and finally jumped off his back and pushed him across the finish line. It never occurred to me that I would quit. The judge awarded us a third place ribbon for persistence.

In February of 2015 HYH unexpectedly received 60 days notice to move its services to a new location. We responded with action, rallied our community of support and ultimately moved 8500 lbs of horse and a full caseload of therapy services to a new home. It never occurred to me that we would stop short of the finish line.

Our new home is BEL farms where we serve approximately 40 children and young adults weekly.

We provide individual therapy sessions facilitated by licensed therapists and host individual and group mental health services. All of our therapy sessions incorporate the horse to create life-changing outcomes. We are so grateful to BEL Farms for inviting HYH to lease space in this beautiful facility.

Hold Your Horses needed persistence to make our move successful. We also needed focus — to hold tight to what is most important amidst the chaos of a speedy transition. Our mission to improve lives through equine assisted therapy services guided our search for a new home. We needed a warm and safe treatment environment for our families and the best possible care for our equine partners. What we found exceeded our expectations – and at times our budget. We needed to meet the workload in our new home with increased staff hours and a host of new volunteers. We are so grateful to those who have stepped up to help us meet our challenges and continue to support Hold Your Horses moving forward.

In this annual report we have highlighted a few of the lives that have been changed through our services. We are so grateful to our friends, families and donors for their continued support and look forward to continued growth and challenges in the coming year.

JANET WEISBERG, MS OTR/L HPCS

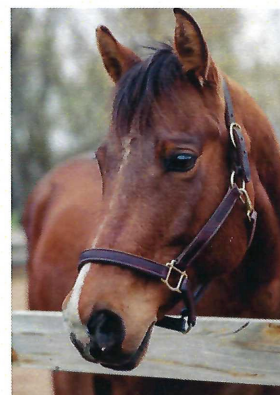
Executive Director Hold Your Horses

OUR THERAPY TEAM

Molly DePrekel, MA LP, CEIP-MH
Elizabeth Dettling, SLP
Kathryn Greaves, MPT
Chris Meyers, Barn Manager
Lisa Perovich, Office Manager
Alysan Phillips, Horse Handler
Kathryn Ramminger, Barn Aide
Ruth Rovner, Horse Handler
Dancer, Dreamer, Ghost,
Lily, Yosi, Whisper

EXECUTIVE BOARD

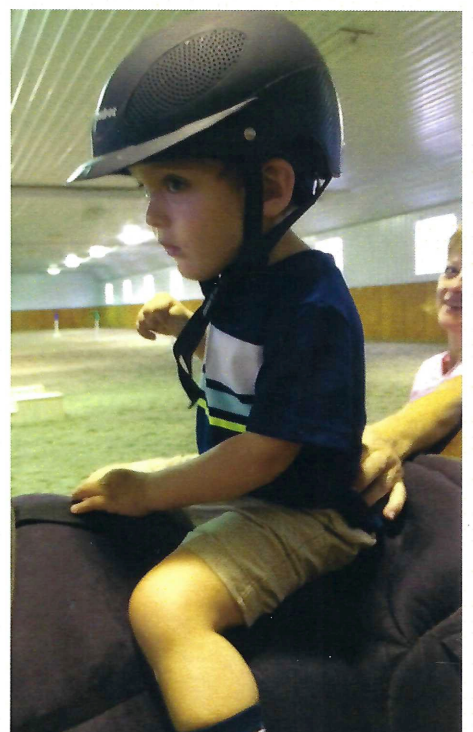
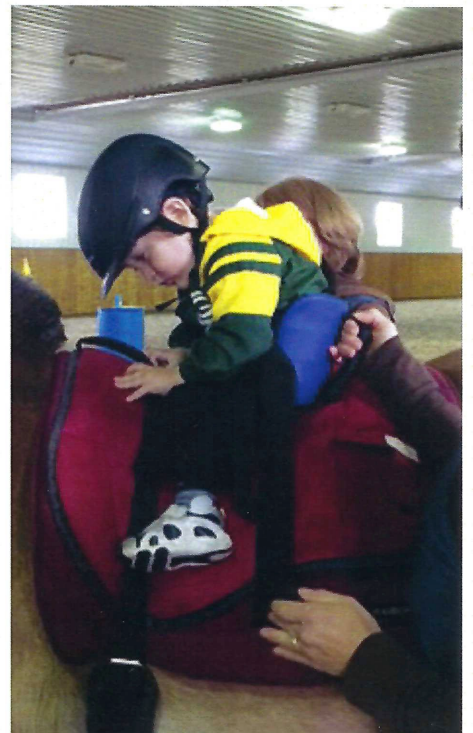
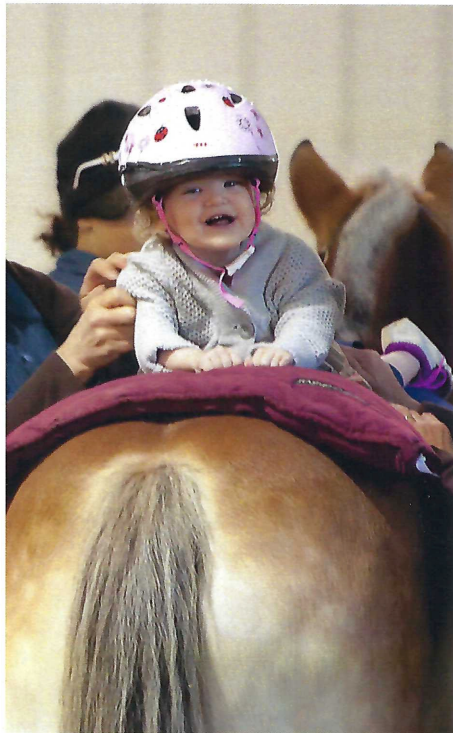
Fred Krietzman, Esq
Board Chair
Jenny Peterson, Treasurer
Jennifer Andis, Secretary
Susan Meyer, At Large
Debra Mounsey, At Large
Michael Winikoff,
Board Chair Emeritus



Jack, 2015. Thank you for sharing your time with those who needed you most.

HOLD YOUR HORSES

PICTURES. WORTH A THOUSAND WORDS.



HOLD YOUR HORSES



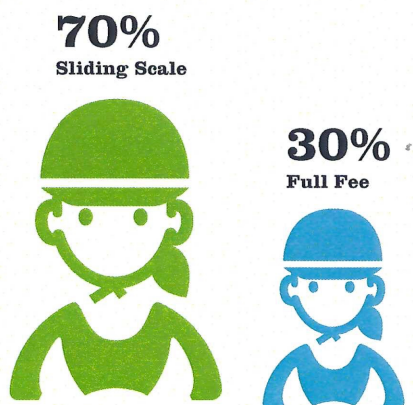
Mental Health Services at Hold Your Horses

Individual and group sessions incorporate the HYH team of equines and human staff to support the equine assisted psychotherapy run by Cairns Psychological Services. The farm setting offers social and emotional learning opportunities through observation and hands on work with the horses. The novel environment and sensory experience of the horse enhance self-awareness and self-regulation. With professional guidance these opportunities create life changing outcomes.

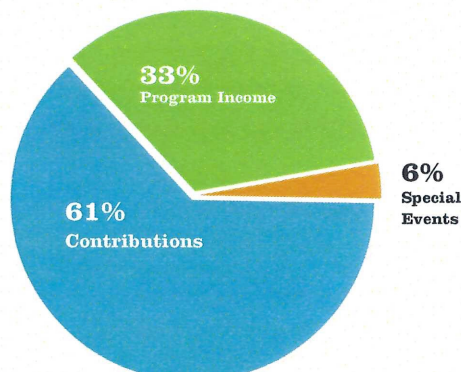
And in the words of one client, sometimes the horse is just a good listener.

**It's not like
talking to a person.
People are all like,
Hmmm, I understand
And I am like, no you
don't. It was nice because
the horse just walked
with me. And he listened.**

Exerpt (with permission)
from a young woman in group:



2014-2015 REVENUE



This year Hold Your Horses served over 100 children and young adults through its combined therapy services that included occupational therapy, physical therapy, speech therapy and psychotherapy in partnership with the horse. Your financial support is indispensable to the work we do and accounts for over 50% of our operating expenses each year.

FINANCES

2014-2015 STATEMENT OF FINANCIAL POSITION

REVENUE

Program Income	\$64,542.00
Contributions	\$118,030.00
Special Event	\$12,340.00
TOTAL REVENUES	\$194,912.00

EXPENSES

Program	\$157,307.00
Management & General	\$31,904.00
Fundraising	\$5,813.00
TOTAL EXPENSES	\$195,024.00
END OF YEAR NET	\$-112.00

BALANCE SHEET (6/30/2014)

CURRENT ASSETS

Cash	\$6,845.00
Savings	\$32,180.00
TOTAL ASSETS	\$39,025.00

Designate Funds

Grant*	\$20,000.00
NET ASSETS	\$19,025.00

*Allocated for Rent 2015-16

BARN RAISERS

We are deeply grateful to the Barn Raisers and Haymakers who shared their time, talents and financial support.

Jennifer and Glenn Andis
 Terry Bartz
 Pete Berridge
 Caroline Brantingham
 Christenson
 Cargill, Inc.
 Child Neurology Foundation
 Beverly & Norman Dann
 Cheryl & Dave Dvorak
 Susan Forstrom
 Susie Fry
 Lance Garrison
 Mary Heuer
 Julie E. Oswald Family Trust
 Kathryn Klibanoff &
 Jeremy Pierotti
 Kerry Kosik
 Liberty Diversified International
 Mankoff Family Foundation
 Michele Marshall
 Medtronic YourCause
 Cheri Morgan
 Brian & Heidi Pergament
 Jennifer Peterson
 Ralph S. French
 Charitable Foundation
 Linda Ruud
 Marlys Gapstur Sand
 Shorebird Coaching
 & Consulting
 Tail Feather Coaching
 Kirstin Thomas
 United Farmers Cooperative
 Vitality Chiropractic
 Arthur Weisberg
 Janet and Luke Weisberg

HAYMAKERS

Todd Abramson
Ace Ice
Jan Anderson
Janis Anderson
Jim Anderson
Lisa Anderson
Alan Appelbaum
Lynn Appelbaum
Julie Armbrust
Allison Arnett
Krista Arnett
Augusoft, Inc.
Brad Austin
Fred & Joyce Austin
Marjorie Austin
Mary Austin
Kyla Awes
Leigh Bailey
Maggie Bailey
Dawn Baker
Warren Bancroft
Deborah Barany
Melissa Barany
Meir Bargerion
Etta Barry
Anita Beal
Bell State Bank & Trust
Adeline Benjamin
Mindy Benowitz
Andrea Klein Bergman
Danielle Berkowitz
Margie Berkowitz
Karen Bermel
Eileen Bertozzi
Bethesda White Shrine
Jane Binder
Abbe Blacker
Vickie Blanchette
Sara Blessing
Kristi Bloom
Jane & Gene Borochoff
Bess Bouley
Sharon Bovie
Vikki Brandstetter
Laura Breitenbach
Judy Brink
Michelle Brodin
Cory Brown
Laney Brown
Tamzin Brown
Judi Bryl
Buffalo Wild Wings
Martha Bullock
Anne Byrne
Britt Alisse Carlson
Nancy Carlson
Sarah Carlson
Michelle Carpentier
Karen Casanova
Ingrid Casperson
Casualty Assurance
Susan Charais
Lee Ching
Reva Ching

Vanessa Christeson
Tina Chute
Denise Cota
Joanie Cox
Creative Kids Stuff
Bonnie Cunningham
Mindy Dahlberg
Bonnie Dann
Mitchell Dann
Melonie Danovsky
Wendy DeCamp
Carol Decker
Deneen Pottery
Molly DePrekel
Julie Doherty
Sally Downey
Jessica Drexler
Pam Durand
Duane Ebert
Maurice Eidelsberg
Patti Engler
Barry Epstein
Judith Epstein
Elda Erickson
Emily Erotas
Jeanne Fackler
Max Fallek
Rosemary Fedt Hughes
Richard Felber
Meriwether Felt
Tami Fencil
Tamar Fenton
Mandy Fiedler
Julianna Finzen
Laurie Beth Fitz
Paula Forman
Debi Forsyth
James Forsyth
Gail Freedman
Doris French
Amy Friedman
Julie Frojd
Eileen Gabriele
Debra Ganshaw
Carole Garrigos
Angie Garrison
Chris & Susan Geller
Alan Gendler
Gail Gendler
Joe Gnoza
Wendy Goldberg
Ron Goldstein
Ann Gosack
Kathy Graves
Debra Grayson
Trina Greene
Judy Gregg
Jill Grier
Lori Guggenberger
Jackie & Jerry Hall
Pat Hametz & Chris Berner
Claire Hand
Peter Hanssen
Amy Hargens

Leisl Hargens
Ursula Hargens
Harvest Moon Natural
Foods Cooperative
Catherine Hayden
Helen Hayssen
Mary Jane Hedstrom
Elissa Heilicher
Cheryl Herrick
Kathe & John Hetterick
Hana Heuer
Bill & Patty Hicks
Lucy Hicks
LuAnn Hiestand
Phillip Higgs
Jerry & Linda Hirshberg
Sarah Hoemberg
Home Depot
Wendy Horowitz
Raquel Hove
Audrey Hower
Sue Hume
John Humleker
Karen Hupp
Constance Hvass
Judith Indrelie
Mary Ites
Amy Jacobson
Nancy Jenson
Brenda Jewell
Alicia Johnson
Ellen Johnson
Mary Johnson
Danette Jones
Trina Joyce
Lauren Kaplan
Blake Kelly
Richard Kessler
David Keysser
Janet Keysser
Jennifer Kish
Stacy Klone
Terry Kovanda
Kowalski's
Christie Kraabel
Kelly Krech
Robin Kriedeman
Beth & Fred Krietzman
Rich Kronfeld
Katie Ladas
Laura Beth Landy
Kristy Lashbaugh
Rabbi Michael Latz
& Michael Simon
Rebecca LaZerte
Greg Leder
Jonathan Lee
Charlie Leonard
Amy Lieberman
Katja Linfield
Jessica Lipschultz
Liquor Boy
Ned Litin
LogJoe Promotions

Mary Ludington
Claudia Lunning
Burt Lyman
Cathy Mackiewicz
Kathleen Mader
Virginia Mahoney
Sarah Malakoff
Jennifer Manion
Vera Mariner
Greg Marsello
Melodie Martin
Michelle Martin
Penny McCallum
Timothy Mccauley
Bill McGuire
Marissa McGuire
Tippy McInerny
Mitch McMillen
Susan Meyer
Chris Meyers
Leslie Meyers Johnson
Kim Michaels
Lynda Michielutti
Bev Miles
Denise Miller
Jennifer Miller
Minnehaha Masonic
Lodge #165
Andrea Mirenda
Edythe Misel
MN Masonic Charities
Jayne Morrison
Myslajek Kemp & Spencer
Gail Nederostek
Laura Nelson
Julie Parson Nesbitt
Jane Newman
Catharine Noel
Greg Novak
Kathryn Oberg
Deb Oberman
Teresa Olson
Joyce & Martin
Orbuch
Phil Oxman
Jamie & Richard
Paisner
Joel Paisner
Joy Parker
Julie & Dean Penk
Paula & Michael
Pergament
Lisa Perovich
Kathleen Petersen
Kimberly Petersen
Simeus
Helen Peterson
Roberta Peterson
Nancy Phillips
Robin Phillips
Day Piercy
Pipefitters Local 539
Laura Pizarro

Charlene Poppen
Tonya Poppen
R.F. Moeller Jewelers
Dana Rachuy
Sandy Rovner Raiche
Julie Rappaport
Stephanie Rawn
Michael Redmond
Susie Rehr
Jacquie Reil
Tawni Reller
Jon Resig
Rodger Ringham
Jen Robins
Ted Rogers
Julie Ronning
The Rosin-Kenneally
Family
Marc Roth
Christina Rothstein
Jerry Rotman
Jill Rovner
Jim Rovner
Marilyn Rovner
Ruth Rovner
Helen Rubenstein
Barbara Rubin-
Greenberg
Debra Rybak
Lisa Schlesinger
Marina & David
Schlesinger
Mary Schlosser
Mary Schramel
Ronald Schuth
Linda Scott
Lauren Segelbaum
Beth Sevenich
Paul Shapiro
Brenna Sheehan
Phyllis Sher
Vicky Sherman
Anna Silverman
Renee Silverman
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Harold Stefan
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Stephanie Stoffel
John Stone
Stone Ridge Equestrian

Kelci Stones
Sunny Side Gardens
Ernie Swanson
Mary Swendsen
Angela Szumowski
Katherine Tane
Paul Tanick
Julie Tarshish
Jennie Teichman
Patty Teichman
The Hair District Salon
Donna Tirpak
Fannie Tjader
Cathy Tobias
Marlene Tollefson
Shannon Trilli
Trillium Veterinary
Joan Ungar
Lynn Vaughn
Stephen Vold
Jule Vranian
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Deke Weaver
Regina Weber
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Ellen Weinauer
Andy & Marybeth
Weisberg
Freddie Weisberg
Nina Wendorff
Nicholas White
S. Ronai White
Wiese Law Firm, PA
Lori Wiggenhorn
Eugene Willms
Stephanie Wilson
Barbara Winikoff
Michael Winikoff
Rebecca Wolters
Clement Wong
Nancy Wood
Stephen Yoch
Susie Zassavitski
Traci Zenner
Gayle Zoffer
Linda Zuckman

*Special thanks to
Michael Winikoff,
Hollander Snow
Studio Inc and
Jennifer Kish,
Liberty Diversified
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the design, print-
ing and production
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